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Volume 6 Issue 3

FREE

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ABA 101

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COVID-19 and School Re-Entry: Special Considerations for Children and Youth with Special Health Care Needs (CYSHCN)

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August 9, 2020



Distance learning for children with special needs this past Spring was challenging for everyone - students, parents/caregivers, and educators. As a result, if you are a parent/caregiver of a child receiving special education services or other accommodations, you are likely anxious about the start of the school year. Should your child attend virtually or in person? How will you be sure your child will wear a mask or physically distance themselves? Will they receive the rigorous instruction and services they need virtually? What are some methods to reduce the risk of contracting the COVID-19 virus? Following are a few ideas to address these questions, but keep in mind that each child will need an individualized plan for the 2020-2021 academic year.

In June, the American Academy of Pediatrics (AAP) published guidelines for school re-entry, advocating for students to be physically present in schools. That said, the AAP also recommended that:

- School policies should be flexible, responding quickly to new information.
- Strategies should have the ability to be revised and adapted depending upon the virus activity in the community.
- The developmental stage of students should be considered to devise practical, feasible, and appropriate policies.

Essentially, pediatricians recognize that ideally children are best taught in person, but each community and each family need to weigh the benefits and risks of in person learning. Additionally, it is important to remember that every child is entitled to a free appropriate public education in the least restrictive environment.

On August 7, 2020, the Bexar County Health Authority issued an Amended Health Directive, marking the school risk level as “High” (red zone) on the health indicator bar. In the red zone, it is recommended that ancillary services that do not require prolonged close contact be provided one-on-one to special needs students. See the Amended Health Directive and any timely updates at <https://covid19.sanantonio.gov/What-YOU-Can-Do/Reopening-Safely/Information-for-Residents#RemoteLearning>

General Precautions

The Centers for Disease Control and Prevention (CDC) recommend wearing masks and physically distancing (6 feet apart) to prevent transmission of the virus. You, as a parent/caregiver, need to assess whether this is possible for your child.

- Have you tried placing a mask on your child for gradually increased periods of time at home? Can your child tolerate wearing a mask for up to 8 hours?
- Will your school allow a plexiglass barrier to replace a mask?
- Is your child cuddly and unlikely to understand why they cannot cuddle at this time?
- Does your child have equipment (particularly respiratory equipment such as a tracheostomy) that will require frequent manipulation by the school nurse?
- If you plan to send your child to in person school, will they ride the bus?
- Will someone need to feed your child because of risk of aspiration?
- Will the school allow your child's private duty nurse to accompany them?
- What is your school's plan for cleaning and disinfecting the classrooms, hallways, bathrooms, playgrounds, and school nurse's clinic?

The answers to these questions will help you come to a decision about virtual vs in person learning. Be sure to discuss your concerns and thoughts with your **pediatrician** so you can make an informed, shared decision that is best for your child and your family. Consider connecting your pediatrician with your **school nurse** for seamless coordination and communication. And, finally, working with your health care professionals (doctors, nurses, therapists, social workers), compile a list of resources and supports your child will need for both virtual and in person learning and discuss them at your **Admission, Review, Dismissal (ARD)** meeting to inform the development of your child's **Individualized Education Program (IEP)**. (Examples include a paraprofessional to ensure physical distancing from other students, use of a plexiglass barrier in place of wearing a mask when possible, etc.) Remember that your school and district cannot advocate for what your child needs if it isn't in your IEP.

For more information, visit [healthychildren.org](https://www.healthychildren.org).

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1-on-1 In-Home ABA Therapy



ABA Therapy for children, adolescents, and young adults in the **Autism Spectrum Disorder**. We strive to improve the quality of life of our clients and their families.



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ABA 101

Applied Behavior Analysis (ABA) is based on the science of learning and behavior. **ABA therapy** can help individuals with disabilities to reach their maximum potential in different areas of human development.

ABA therapy uses the principles of Behavior Analysis and applies them to the goals we are trying to achieve. These are some examples of goals that could be addressed using techniques of ABA in different stages of development:

- **Communication Skills:** Increase verbal and nonverbal communication skills to share wants and needs.
- **Social Skills:** Learn important skills that can help a person interact with others around them.
- **Adaptive and Independent Living Skills:** Learn skills to the person become more independent and care for his/her own needs, some examples include toilet training, dressing, washing hands, feeding self, preparing a meal, among many others.
- **Vocational Skills:** Learn skills to help a person learn a vocational activity such as performing a job.
- **Attention and concentration:** Improve a person's ability to focus on different tasks
- **Reduce problem behavior:** Problem behaviors are those that prevent a person from functioning in everyday life.

How does ABA work?

ABA uses a variety of techniques to understand and teach new behaviors. Some of the advantages of ABA include:

- It is **individualized** to each person's needs. No two plans will look the same, because everyone has specific strengths and needs.
- It is **flexible** and **adjusts** to changing needs. As the children or adult with special needs acquires new skills or as they demonstrate new challenges, ABA's goals adjust and tailors its plan to address the most significant goals. Due to its flexibility and **variety of goals** that can be addressed using the principles of ABA, it can be used and have been found effective from **early childhood to adulthood**.
- The child or adult receives positive reinforcement for demonstrating the socially appropriate behaviors. ABA makes learning **fun and engaging!**
- It teaches **meaningful** skills to everyday life.
- It involves **data collection** and graphing of the progress.

Who provides ABA therapy?

The team is led by a **Board Certified Behavior Analyst (BCBA)**, who is an individual with a masters or PhD, who has passed a National Certification Exam, and is licensed in the state. He or she provides ongoing supervision and training to the **Registered Behavior Technicians** who work directly with your child or adult with special needs. It is important to verify that the therapy is supervised by a BCBA with a current and active certification.

Christelle Garza, PhD, BCBA, LBA

Clinical Director at AdBance - Behavioral Health



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Self Care for Parents

This year has been a challenging season for many parents as they attempt to adjust to a new normal that consists of having children schooling from home while also caring for their child with special needs. As parents, it is important that we also focus on our own self-care so that we can maintain an equilibrium. This is important so that we can effectively care for our children without suffering exhaustion. Below are some tips to help encourage you in a season of much needed self-care.

Try to develop a routine for you and your children. Kids find comfort and safety in routines and usually routines help ease their fears and anxiety. Establish morning routines that will also help you set the tone for your day.

When your kids are down for a nap, enjoy the quiet moments and instead of trying to accomplish other tasks make sure you rest too. Consider diffusing aromatherapy such as lavender or another essential oil that helps

you feel relaxed. Listen to music that makes you feel calm or that brings you joy. Try to schedule time into your day where you can do things like taking a walk. Exercise is recommended by the American Heart Association at 150 minutes per week and is an important part of self-care.

Lastly, work on a bedtime routine that puts your children to bed before your bedtime. This might provide you with an opportunity to unwind, take a bubble bath or read a book for pleasure?

Everyone is working towards a new normal and making adjustments based off of your daily routines will help you perfect your own self-care.

Natalia Farias, MSN, BSN, FNP-BC, RN
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Xavier R Cortada MD	210-490-3434	13750 San Pedro Ave #140	Xavier R Cortada MD
Lindsey Cortes MD	210-358-5100	210 N Rio Grande St	Eastside Clinic
Ray V Cortez MD PA	210-572-1430	102 Babcock Rd #100	Clinica Del Norte Pediatrics
Ricardo L Cuellar MD	210-224-4661	343 W Houston St #511	Viva Pediatrics
G Scott Cuming IV MD	210-696-2800	8647 Wurzbach Rd	Scott Cuming Pediatrics
Laura F Davis MD	210-614-4499	4499 Medical Dr #280	Methodist Health Care System
Korina M De Leon MD	210-680-6000	8366 N Loop 1604 W #105	Childrens Hospital Primary Care
Victor Diaz de Leon MD FAAP	210-437-3990	9002 Culebra Rd #100	Almouie Pediatrics
Dennis E Dilley MD	210-614-4405	7835 W IH 10	Dilley Allergy & Asthma Specialist
Roland J Dominguez MD	210-614-5437	2829 Babcock Rd #407	Roland Dominguez MD
James A Donnel MD	210-688-0088	10350 Bandera Rd	Children of Texas Pediatrics
B Scott Dooley MD	210-402-2868	18707 Hardy Oak Blvd #225	Northeast Pediatrics Associates
Rocio M Doyle MD	210-543-7334	11398 Bandera Rd #201	Little Spur Pediatric Urgent Care
Richard M Dulaney MD	830-997-3132	816 Reuben St	Women & Children First
Margaret D Duvic MD	210-877-5600	343 W Houston St #302	Caring for Kids Pediatrics
Araceli Elizalde MD	210-704-4275	315 N San Saba #1135	Allergy & Asthma Immunology
Joseph S Elizondo MD	210-682-5577	8519 Texas 151	Texas Medclinic
Cecilia M Etheridge MD	210-922-2299	94 Briggs St Ste 400	South Texas Center for Pediatrics
Kathleen E Ethridge MD	830-372-3135	515 N King St	Kathleen E Ethridge, MD
Kenneth O Etokhana MD	210-736-3126	401 W Summit Ave	Robert K Johnson & Assoc
Brian M Faux MD	210-916-9928	3551 Roger Brooke Dr 59 Mdg	SAMMC
Maria Fernandez-Falcon MD	210-877-5600	343 W Houston St #302	Caring for Kids Pediatrics
Aracely I Ferrer MD	210-698-7665	21757 IH10 W #2015	Childrens Hospital of SA Primary Care
Juan J Ferreris	210-698-7665	21757 IH 10W #2015	Childrens Hospital of SA Primary Care
Steven R Fischer MD	210-494-2223	19223 Stone Hue Ste 117	ABCD Pediatrics
John T Fitch Jr MD	210-824-7938	7959 Broadway St Ste 604	Childrens Clinic
Meredith N Flores MD	830-627-2700	948 Gruene Rd #140 NB	Meredith N Flores MD
Rochelle R Flynn MD	210-916-3160	3100 Schofield Rd # 1179	SAMMC
Laurel A Franck MD	210-877-5600	343 W Houston St # 302	Caring for Kids Pediatrics PA
Dionne A Franco MD	210-657-0220	8606 Village Dr Ste A	Northeast Pediatrics Associates
Jane D Fried MD	210-680-6000	7007 Bandera Rd Ste 19	Northwest Pediatrics
Hoda R Gabriel MD	210-681-5117	6750 Tezel Rd Ste 103	Northside Pediatric Clinic
Amy D Garcia MD	210-494-2223	19223 Stone Hue Ste 117	ABCD Pediatrics
Anthony G Gardea MD	210-704-4966	333 North Santa Rosa St	Childrens Hospital of SA
Leah Garguena-Bacuta MD	210-576-1436	9150 Huebner Rd #240	South Texas Center Pediatric Care
Armondo D Garza MD	210-687-1144	21195 W IH 10 Ste 2101	La Altura Pediatrics
Carmen T Garza MD	210-930-8400	1919 Oakwell Farms Pkwy #257	Alamo Heights Pediatrics
Jaime Garza MD	210-614-5000	2020 Babcock Rd #19	Jaime Garza MD

PHYSICIAN DIRECTORY



Physician	Phone #	Address	Office
PEDIATRICS (cont'd)			
Jorge A Garza MD	210-304-8282	3326 S E Military Dr #104	Jorge A Garza MD
Maged M George MD	210-655-2300	4360 Thousand Oaks Dr	Thousand Oaks Pediatrics
Karen I Gibbons MD	210-614-2500	7922 Ewing Halsell Dr #440	Pediatric Medicine PA
John T Gibson MD	210-804-2300	7959 Broadway St Ste 600	Heritage Pediatrics
Wendy L Gideon MD	210-372-0505	11085 Bandera Rd#102	Helotes Pediatrics
Soheir H Girgis MD	210-637-2450	5542 Walzem Rd	Centromed Pediatrics
Aldenery Gonzalez MD	210-447-3000	15714 Huebner Rd #3	Huebner Pediatrics
Jessica M Gonzalez MD	210-494-2223	19223 Stone Hue #117	ABCD Pediatrics
Lorelei A Gonzalez MD	210-767-4000	1132 Alamo Ranch Pkwy #203	Childrens Hospital of SA Primary Care
M Antonieta Gonzalez MD	210-223-3543	315 N San Saba #1075	San Antonio Pediatrics Associates
Valeska S Gonzalez MD	210-733-4362	9838 Westover Hills Blvd	Pedi Doctors
Erika G Gonzalez-Reyes MD	210-616-5385	10447 State Hwy 151	Allergy & Asthma Immunology
Wilson Wayne Grant MD	210-614-8687	5282 Medical Dr Ste 310	Southwest Childrens Center
Andrea J Grant-Vermont MD	210-358-8144	4647 Medical Dr	UT Health System
William P Gross MD	210-657-0220	8606 Village Dr Ste A	Northeast Pediatrics Associates
Fernando A Guerra MD	210-224-4661	343 W Houston St # 511	Viva Pediatrics
Nicolas N Guerra MD	210-494-2223	19223 Stone Hue Ste 117	ABCD Pediatrics
Annette Gunsberg MD	210-403-2229	540 Oak Centre Dr Ste 200	Stone Oak Pediatrics
David S Gutierrez MD	210-495-5552	502 Madison Oak Dr #340	Night & Day Pediatrics
Louis R Gutierrez MD	210-921-3800	720 Pleasanton Rd	Gonzaba Medical Group
Michael E Haas MD	210-543-7334	17323 IH 35 N Ste 113	Little Spur Pediatric Urgent Care
Elizabeth B Hagee MD	210-657-0220	5000 Schertz Pkwy# 202	Northeast Pediatrics Associates
Graham T Hall MD	210-804-2300	7959 Broadway St Ste 600	Heritage Pediatrics
Bonnie H Hartstein MD	210-916-0808	3551 Roger Brooke Dr	SAMMC
Lindsey Hawkins-Alprin MD	210-687-1543	7903 Calle Rialto	Leon Springs Pediatrics
Shasta B Helsel MD	210-402-2868	18707 Hard Oak #225	NE Pediatrics Assoc PA
Jeffrey M Henderson MD	830-816-1717	34910 IH 10 W Ste 501	A Plus Pediatrics
Renee M Henigan MD	210-479-3000	1434 E Sonterra Blvd	Childrens Hospital of SA Primary Care
Jorge A Hernandez MD	210-495-3947	20627 Huebner Rd #A101	San Antonio Pedatric Associates
Angela A Hilger MD	210-733-4362	9838 Westover Hills Blvd	Pedi Doctors
Vanessa L Hill MD	210-567-7000	315 N San Saba St #1003	San Antonio Pedatric Associates
Tricia S Hilliard MD	210-495-7334	123 Stone Oak Loop	South Texas Center Pediatric Care
Kathleen M Holland MD	830-896-2812	207 Oak Lane	Kathleen M Holland MD
Linda J Holley MD	210-337-2100	3327 Research Plaza # 307	South Texas Center Pediatric Care
Suzanne E Hood MD	210-566-4777	2200 Roy Richard Dr	ABCD Pediatrics
Linda F Howelton MD	210-657-0220	18707 Hardy Oak Blvd #255	Northeast Pediatrics Associates
Patricia R Hughes-Juarez MD	210-434-2368	8210 Callaghan Rd	Communicare Health Centers
Rebecca Huston MD	210-704-4966	333 North Santa Rosa	Childrens Hospital of SA
James A Hyslop MD	210-494-2223	19223 Stone Hue Ste 117	ABCD Pediatrics
Eduardo Ibarguen-Secchia MD	210-575-6240	4410 Medical Dr Ste 540	Pediatric Specialist of Texas
Lindsay R Irvin MD	210-930-8400	1919 Oakwell Farms #257	Alamo Heights Pediatrics
John C Issac MD	210-541-8281	5414 Frederichsburg Rd#508	John C Issac MD
Shahed Izaddoost MD	210-479-3000	1434 E Sonterra Rd	Childrens Hospital of SA Primary Care
Leah H Jacobson MD	210-479-9292	15316 Huebner Rd #102	Through the Years Pediatrics
Rosalio Jalomo MD	210-223-3543	315 N San Saba # 1075	San Antonio Pediatric Associates
Freeman C Jardan MD	210-646-8833	5407 Walzem Rd	San Antonio Pediatric Associates
Diane E Jendrzey MD	210-680-6000	8366 N Loop 1604 W #105	Childrens Hospital of SA Primary Care
Christine L Johnson MD	210-614-0180	8401 Datapoint Dr Ste 500	Christine L Johnson MD
David W Johnson MD	210-732-7141	3111 San Pedro Ave	Pediatrics & Adolescents

PHYSICIAN DIRECTORY



Physician	Phone #	Address	Office
PEDIATRICS (cont'd)			
Esther Y Johnson MD	210-494-2223	19223 Stone Hue # 117	ABCD Pediatrics
Woodson S Jones MD	210-916-5756	3551 Roger Brooke Dr	SAMMC
Emad Y Kaldas MD	210-404-2532	502 Madison Oak Dr Ste 245	Alpha Pediatrics
Jose Karam MD	210-561-3100	94 Briggs St Ste 400	South Texas Center Pediatric Care
Ruchi Kaushik MD	210-704-4966	333 North Santa Rosa St	Childrens Hospital of SA
Shantha Kesavulu MD	210-333-4638	4242 E Southcross Blvd Ste 6	Shanta Kesavulu MD
Abdul H Khan MD	210-637-2450	5542 Walzerm Rd	Abdul H Khan MD
Elsie L Kibler MD	210-572-1430	102 Babcock Rd Ste 100	Elsie L Kibler MD
Heather A Kim MD	210-543-7334	11398 Bandera Rd Ste 201	Little Spur Pediatric Urgent Care
Lee Kirchner MD	210-884-4923	3619 Paesanos Way Ste 212	Vital Health
Danny M Kofos MD	210-575-7120	7700 Floyd Curl Dr	Pediatric Anesthesia Consultants
Felix Koo MD PhD	830-608-5701	1034 W County Line, NB	Centro Med
Jeffrey Kozak DO	210-496-2669	19026 Stone Oak Pkwy #100	MedFirst Primary Care
Gregory D Kostur MD	210-998-4767	1714 SW Military Dr Ste 108	Little Spurs Pediatric Urgent Care
Kassia L Kubena MD	210-877-9966	5255 Prue Rd Ste 105	Kubena Pediatrics
John Kupferschmid MD	210-575-6240	4410 Medical Dr #540	Pediatric Specialist of Texas
Ann Kuri MD	210-495-7334	123 Stone Oak Loop	South Texas Center Pediatric Care
Gregory Langas MD	210-614-5539	5430 Fredericksburg Rd #508	Mednax
Bruce R Lantry MD	210-692-0358	9910 NW Loop1604 N #124	First Steps Pediatrics
Margaret Larrumbide MD	210-225-7171	203 E Evergreen St	Child Care Associates
Courtney N Lawrence MD	210-337-2100	4212 E Southcross Blvd #150	South Texas Center for Pediatrics
James D Legler MD	210-344-3770	3750 Commercial Ave	Centro Med
Henrique Levcovitz MD	210-490-5911	19223 Stonehue # 100	North Central Urgent Care
Nadine Li MD	210-599-3840	11901 Toepperwein Rd #1402	Toepperwein Medical Clinic
Christiane G Lin MD	210-492-0772	19223 Stonehue# 117	North Central Urgent Care
Laura L Lindner MD	210-657-0220	8606 Village Dr # A	Northeast Pediatrics Assoc
Henry J Lipsitt MD	210-732-7141	3111 San Pedro Ave	Pediatrics & Adolescents
Christine A Littlefield MD	210-680-6000	7007 Bandera Rd # 19	Nortwest Pediatrics
Anne D Logan MD	830-816-5055	124 E Bandera Rd # 304	Boerne Pediatrics
Darryl C Longee MD	210-877-5600	343 W Houston St #302	Caring for Kids Pediatrics
Luis A Lopez MD	210-650-0814	13032 Nacogdoches R #211	Little Buddies Pediatrics
Jeanne M Lovett MD	210-490-7334	2235 Thousand Oaks Dr # 119	Priorty Pediatrics
Menaka Mahadevan MD	210-924-7645	7333 Barlite Blvd #380	San Antonio Pediatric Assoc
Alexi Masajo MD	210-501-0703	2148 Jackson Keller	Firefly Pediatrics
Linda J Martin MD	210-977-1900	6315 S Zazamora St	CentroMed
Stephen A Maxwell MD	210-732-7141	3111 San Pedro Ave	Pediatrics & Adolescents
Gerald T Mayer MD	210-490-5911	19223 Stonehue # 100	North Central Urgent Care
Brandy L McCray MD	210-479-9292	15316 Huebner Rd #102	Through the Years Pediatrics
Shelly M McNair MD	210-614-8687	5282 Medical Dr#310	Southwest Childrens Center
Glen A Medellin MD	210-358-5437	903 W Martin St	Robert B Green Campus
Christina E Merritt MD	210-705-5151	11503 NW Military #113	Childrens Hospital of SA Primary Care
Gea M Miller MD	210-916-0335	3551 Roger Brooke Dr	SAMMC
Alicia E Mills MD	210-491-0772	19923 Stonehue #117	Imaging Center at Stone Oak PA
Yvonne G Miranda MD	210-680-7334	3207 Rogers Rd	Pedi Place at Westover Hills
Ayesha Mohiuddin MD	210-705-5151	11503 NW Military #113	Childrens Hospital of SA Primary Care
Jessica L Molina MD	210-637-2450	5542 Walzerm Rd	Centro Med
Francisco Montemayor MD	210-342-3838	14327 Blanco Rd	Francisco J Montemayor MD
Amber M Moreno DO	210-680-6000	8366 N Loop 1604 W #115	Childrens Hospital of SA Primary Care
Martha A Moreno MD	830-769-1045	1901 Highway 97 E #120	My Kids Pediatrician

PHYSICIAN DIRECTORY



Physician	Phone #	Address	Office
PEDIATRICS (cont'd)			
Bhanumathi Nandakumar MD	210-227-3701	343 W Houston #802	Methodist Specialty & Transplant
Margaret D Neilheisel MD	210-614-4499	4499 Medical Dr #280	Night & Day Pediatrics
Federico R Ng MD	210-614-2828	7922 Ewing Halsell Dr #270	Federico R Ng MD
Janet M Noll MD	210-680-6000	11345 Alamo Ranch Pkwy Ste 203	Childrens Hospital Physicians Group
Megan M O'Brien MD	210-495-9860	16414 San Pedro Ave #525	Megan M O'Brien MD
Patricia Oliver MD	210-403-2229	540 Oak Centre Dr #200	Stone Oak Pediatrics
Rene M Ornes Jr MD	210-657-0220	8606 Village Dr #A	Northeast Pediatrics Assoc
Oziel Ortiz MD	210-491-0772	19223 Stonehue #117	Oziel Ortiz MD
Ambika N Osborn MD	210-358-0800	302 W Rector St	Community Medicine Assoc N
Randy Othman MD	210-561-3100	9551 Huebner Rd #240	South Texas Pediatrics Care
Michael A Ozer MD	210-614-2500	7922 Ewing Halsell Dr #440	Pediatric Medicine PA
Monica R Pacheco MD	210-358-5437	4647 Medical Drive	University Health System
John M Palmer MD	210-916-2460	3851 Roger Brooke Dr	SAMMC
Linda D Parsi MD	210-561-1551	9150 Huebner Rd #260	Alamo City Pediatrics
Addison Payne MD	210-767-4000	11345 Alamo Ranch Pkwy #203	Childrens Hospital of SA Primary Care
Ike Pauli Jr MD	210-402-2868	18707 Hardy Oak Blvd #225	NE Pediatric Assoc
Jeri L Penkava MD	210-403-2343	1046 Central Pkwy S	ADHD Plus Inc
Daniel G Penon MD	210-922-4070	102 Palo Alto Rd 120	Childrens Night Clinic
Gabriel Perez MD	210-223-3543	315 N San Saba #1075	San Antonio Pediatric Assoc
Mary H Perez MD	210-698-7663	21727 IH 10W #205	Childrens Hospital of SA Primary Care
Melody Perez MD	210-545-7581	19272 Stone Oak Pkwy #107	Night Light Pediatrics
Mary Helen Perez-Adam MD	210-698-7663	21727 IH 10W #205	Childrens Hospital of SA Primary Care
Sebrina D Perkins MD	210-293-6009	7700 Floyd Curl Dr	Greater San Antonio Emergency
Terry E Pick MD	210-520-9997	8407 Bandera Rd #137	Pediatric Care
Trevor G Pollard MD	210-614-3851	4242 Medical Dr 3100	Tejas Anesthesia
David W Popp MD	210-687-1543	7903 Calle Rialto	Leon Springs Pediatrics
Allen R Potter MD	210-293-6009	7700 Floyd Curl Dr	Greater San Antonio Emergency
Paul Z Quesada MD	210-222-0333	740 S Alamo St	South Alamo Medical Group
Carlos A Quiroz MD	210-402-0138	20306 Encino Ledge #101	Little Texans Pediatrics
Tanya M Rackley MD	210-680-6000	11345 Alamo Ranch Pkwy Ste 203	Childrens Hospital Physicians Group
Bellur S Ramanath MD	210-645-4530	8303 W Military Dr	Wellmed Westlakes
Sergio Ramon MD	210-736-3126	401 W Summit Ave	Robert K Johnson & Assoc
Deborah K Rasch MD	210-615-1187	4242 Medical Dr #3100	Tejas Anesthesia
Jennifer N Reynard MD	210-697-2400	15303 Huebner Rd Bldg 15	Acorn Pediatrics of SA
Frederick T Rhame MD	210-657-0220	8606 Village Dr Ste A	Northeast Pediatrics Assoc
Hilda Rivera-Santiago MD	210-704-4966	333 North Santa Rosa St	Childrens Hospital of SA
Rebeca Rizo MD	210-732-7141	3111 San Pedro Ave	Pediatrics & Adolescents
Carol F Robertson MD	210-561-1551	9150 Huebner Rd Ste 260	Parsi Pediatrics
Julianna L Robles MD	210-334-3750	3750 Commercial Ave	Julianna L Robles MD
Rebecca A Rocha-Davis MD	210-614-2500	7922 Ewing Halsell Dr#440	Pediatric Medicine PA
Luis A Rodriguez MD	210-223-3543	315 N San Saba #1075	San Antonio Pediatrics Assoc
Marisol L Rodriguez-Mendez MD	210-358-5437	903 W Martin St	Robert B Green Campus
Luis L Rodriguez III MD	210-599-6251	12602 Toepperwein Rd #104	Live Oak Pediatrics
David M Ross Jr MD	210-614-2500	7922 Ewing Hassel Dr#440	Pediatric Medicine PA
Janet L Rowe MD	210-490-0353	19016 Stone Oak Pkwy #200	Kidney & Wellness Center
Raymond Ruenes MD	210-614-5000	2020 Babcock Rd #19	Medical Center Pediatrics
Teresa M Ruiz MD	210-358-5100	903 W Martin St	Robert B Green Campus
Josephine Ruiz-Healy MD	210-615-8272	2829 Babcock Rd#438	Josephine Ruiz-Healy MD
Molly A Salinas MD	210-495-7334	123 Stone Oak Loop	South Texas Center for Pediatrics

PHYSICIAN DIRECTORY



Physician	Phone #	Address	Office
PEDIATRICS (cont'd)			
Robert R Sanders MD	210-780-7248	12274 Bandera Rd #104	Sunrise Advanced Pediatrics
Thomas L Schlenker MD	210-207-8731	332 W Commerce St	Thomas L Schlenker MD
Richard T Schlosberg IV MD	210-494-2223	19223 Stone Hue #117	ABCD Pediatrics
Stacey A Schmidt MD	210-495-9860	16414 San Pedro Ave#525	Stacey Schmidt MD
Jorgina S Schreier MD	210-292-7520	2515 Castroville Rd #102	Aguirre Practice of Pediatrics
Savitha D Sehgal MD	210-615-1197	4242 Medical Dr #3100	Tejas Anesthesia PA
Arathi A Shah MD	210-922-2299	94 Briggs St Ste 400	South Texas Center for Pediatrics
Shahzad A Sheikh MD	210-492-0900	14351 Blanco Rd	Kid-Doc Pediatrics
Courtney M Shockley MD	210-562-5300	333 North Santa Rosa St	Center for Children & Family
Erica Silva MD	210-358-8255	4503 Zarzamora St	Zarzamora Clinic
Illeana D Silva MD	210-358-5437	4647 Medical Drive	University Health System
Susannah L Simone MD	210-494-2223	19223 Stone Hue #117	ABCD Pediatrics
Rachel J Sine MD	210-657-0220	8606 Village Dr Ste A	Northeast Pediatrics Assoc
Benjamin L Smith MD	210-370-3061	6406 N New Braunfels Ave	Pegasus Pediatrics PA
Courtney Smith MD	210-687-7663	21727 IH10 W #205	Childrens Hospital of SA Primary Care
Letisha A Sneed MD	210-496-7837	540 Madison Oak Dr #560	Step By Step Pediatrics
Mario L Sosa MD	210-358-5100	2121 SW 36th St #1	University Family Health Center
Sarah A Stafford MD	210-657-0220	5000 Schertz Pkwy #202	Northeast Pediatrics Assoc
Mark C Stahl MD	210-704-4966	333 North Santa Rosa St	Childrens Hospital SA
Michelle L Storandt MD	210-447-3000	15714 Huebner Rd #3	Huebner Pediatrics
Richard M Switzer Jr MD	210-233-7000	3066 E Commerce St	Communicare Health Care
Adelaide S Tabet MD	210-222-9196	730 N Main Ave #520	Adelaide S Tabet MD
Laura R Tamayo MD	210-372-0505	11085 Bandera Rd #102	Helotes Pediatrics
Joshua Tardy MD	210-824-7938	7959 Broadway St #604	Heritage Pediatrics
Alicia V Tezel MD	210-543-7334	11398 Bandera Rd #201	Little Spur Pediatric Urgent Care
Maria Tiamson Beato MD	210-337-2100	3327 Research Plaza #307	South Texas Center for Pediatrics
Samuel D Tressler MD	210-494-2223	19223 Stone Hue #117	ABCD Pediatrics
Daniel G Trevino MD	210-495-7334	123 Stone Oak Loop	South Texas Pediatric Care Center
Cherry A Trexler MD	210-545-7581	19272 Stone Oak Pkwy #107	Night Light Pediatrics
Robert B Trimble MD	210-657-0220	5000 Schertz Pkwy #202	Northeast Pediatrics Assoc
Amanda Trott-Gregorio MD	210-255-8850	18707 Hardy Oak Blvd #445	Amanda A Trott-Gregorio MD
Shirley Trowell-Bell MD	210-545-7581	19272 Stone Oak Pkwy #107	Night Light Pediatrics
Clevert H Tseng MD	210-223-3543	315 N San Saba #1075	San Antonio Pediatric Assoc
Subhashini Valavalkar MD	210-705-5151	11503 NW Military #113	Childrens Hospital of SA Primary Care
Sushil Valavalkar MD	210-545-7581	19272 Stone Oak Pkwy #107	Night Light Pediatrics
Cecilia A Van Bibber MD	210-704-4966	333 North Santa Rosa St	Childrens Hospital of SA
Ernesto Varela MD	210-223-3543	315 N San Saba # 1075	San Antonio Pediatric Assoc
Margarita M Vasquez MD	210-567-7000	7703 Floyd Curl Dr	UTHSC
Kathryn K Wade MD	210-495-5552	502 Madison Oak Dr #340	Night & Day Pediatrics
Richard Wayne MD	210-704-4966	333 N Santa Rosa St	Childrens Hospital of SA Primary Care
William C Weise MD	210-576-1436	9150 Huebner Rd #240	South Texas Center/Pediatric Care
Kristin M Wilke MD	210-494-2223	19223 Stone Hue #117	ABCD Pediatrics
Theresa Willis MD	210-698-7663	21727 IH10W #203	Childrens Hospital of SA Primary Care
Janet F Williams MD	210-358-5437	903 W Martin St	Robert B Green Campus
Pam Wood MD	210-358-5437	903 W Martin St	Robert B Green Campus
Sheralyn D Wood MD	830-816-5055	124 E Bandera Rd #304	Boerne Pediatrics
Robert A Zachary MD	210-829-1994	21 Lynn Batts Ln	Psychologist
Veronica Zamora-Campos MD	210-224-4661	343 W Houston St #511	Viva Pediatrics

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RESOURCE DIRECTORY

For our complete list of resources go online to www.ExceptionalKidsTexas.com ♦ Donate ♦

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ABA & Behavioral Services, LLC
210-885-3481
570 Heimer Rd
info@ABA-BehavioralServices.com
www.ABA-BehavioralServices.com

AdBance - Behavioral Health Pg 16
844-568-2001
info@adbance.com
www.AdBance.com

♦ Autism Treatment Center
210-590-2107
15911 Nacogdoches Rd Building 2
www.atcoftexas.org

Bloom Behavior & Educational Solutions
210-643-1119
1850 Lockhill Selma Suite 106
www.bloom-aba.net

Cole Pediatric Therapy
210-488-6521
19222 Stonehue #101
info@colehealth.com
www.colehealth.com

Cole Pediatric Therapy
210-488-6521
6051 FM3009, Schertz
brandy.gray@colehealth.com
www.colehealth.com

Empower Behavioral Health
210-447-0039
9314 Ryder Dr, NW San Antonio
www.EmpowerBH.com

Empower Behavioral Health
210-447-0039
133 Windy Meadows, Suite 101, Schertz
www.EmpowerBH.com

ABA THERAPY (con't)

Empower Behavioral Health
210-447-0039
24870 Blanco Rd, Stone Oak Area
www.EmpowerBH.com

ADAPTIVE EQUIPMENT / MEDICAL SUPPLIES

Alliance Medical Supply Pg 5
A Phs company
210-737-2444
10643 Sentinel St
www.AllianceMedicalSupply.com

Romo Medical Equipment Pg 4
210-532-3895
3453 Pan Am Expwy Suite 105
www.RomoMedical.com

Romo Medical Equipment Pg 4
915-307-2684
1141 Larry Mahan, Suite C, El Paso
www.RomoMedical.com

ADAPTIVE MUSIC EDUCATION / PERFORMANCE

♦ Dreams Fulfilled Through Music
210-771-5809
PO Box 40548
www.dftm.org

ASSISTANCE DOGS

♦ Canine Companions for Independence
7710 Las Colinas Ridge, Irving, TX
214-259-4700
www.cci.org

You can find more resources on our website at
www.exceptionalkidstexas.com

If you would like more information about how you can be listed
in the resource directory, contact us at
kameron.exceptionalkids@gmail.com

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CHILDREN'S BLIND & VISION IMPAIRMENT SERVICES

♦ **San Antonio Lighthouse for the Blind & Vision Impaired** Pg 8
210-533-5195
2305 Roosevelt Ave
www.salighthouse.org

COUNSELING PROVIDERS

Catholic Charities
210-377-1133
San Fernando Community Center
231 W Commerce

DURABLE MEDICAL EQUIPMENT & SUPPLIES

Alliance Medical Supply Pg 5
A Phs company
210-737-2444
10643 Sentinel St
www.AllianceMedicalSupply.com

Romo Medical Equipment Pg 4
210-532-3895
3453 Pan Am Expwy Suite 105
www.RomoMedical.com

Romo Medical Equipment Pg 4
915-307-2684
1141 Larry Mahan, Suite C, El Paso
www.RomoMedical.com

WAVE Healthcare Pg 3
210-593-9283 (WAVE)
4204 Gardendale Suite 104
www.wavehealthcare.com

EDUCATION ADVOCACY RESOURCES

♦ **Epilepsy Foundation Central & South Texas**
210-653-5353
8601 Village Dr, Suite 220
staff@efcst.org
www.efcst.org

EDUCATIONAL SERVICES

♦ **Epilepsy Foundation Central & South Texas**
210-653-5353
8601 Village Dr, Suite 220
staff@efcst.org
www.efcst.org

EDUCATIONAL SERVICES (con't)

♦ **FACT Institute, Inc.**
210-267-9134
13032 Nacogdoches Rd #207
life@factinstituteinc.com
www.factinstituteinc.com

FINANCIAL SERVICES

Catholic Charities
210-293-1009
202 W. French Place
www.ccaosa.org

Modern Woodmen Pg 8
Fraternal Financial
Gabriela G. Cadena
210-890-2076
2014 S Hackberry St
reps.modernwoodmen.org/gcadena

GENERAL COMMUNITY RESOURCES

www.unitedwaysatx.org

2-1-1 Texas is a free, anonymous social service hotline available 24 hours a day, 7 days a week, 365 days a year.

Alamo Local Authority
Intellectual & Disability Services (IDD)
Phone: (210) 832-5020 Fax: 1-866-689-1843
8700 Tesoro Dr. Suite 160
iddservices@aacog.com
<http://www.aacog.com>

City of San Antonio - Utility Assistance
210-207-7830

Community First Health Plans Pg 6
1-855-607-7827
cfhp.com

♦ **Down Syndrome Association of South Texas**
210-349-4372
1127 Patricia
www.dsastx.org

♦ **Epilepsy Foundation Central & South Texas**
210-653-5353
8601 Village Dr, Suite 220
staff@efcst.org
www.efcst.org

GENERAL COMMUNITY RESOURCES

Hill Country MHDD Centers
358 Landa Street, Suite 300, New Braunfels
888-315-3277
<http://www.hillcountry.org>

Kerr County MH Center
955 Water Street, Kerrville
888-445-5232
<http://www.hillcountry.org>

Project Warm – Bexar County Dept of
Community Assistance
210-335-3666

Salvation Army
210-226-2291
226 Nolan St

San Antonio Food Bank
210-337-3663
5200 Old Hwy 90 West

Society of St. Vincent de Paul
210-225-7837
WIC Program
210-207-4906

LEGAL SERVICES

Packard Law Firm
Alison Packard
210-340-8877
1100 NW Loop 410 #100
alison@packardfirm.com
www.packardfirm.com

LOCAL IDD AUTHORITY (LIDDA) FOR BEXAR COUNTY

AACOG IDD Services – Alamo Area Council of
Governments: Intellectual & Developmental
Disabilities Services
210-832-5020
8700 Tesoro Drive Suite 160
[https://www.aacog.com/66/Intellectual-Devel-
opmental-Disability-Se](https://www.aacog.com/66/Intellectual-Developmental-Disability-Se)

MEDICAL CARE

♦ Epilepsy Foundation Central & South Texas
210-653-5353
8601 Village Dr, Suite 220
staff@efcst.org
www.efcst.org

MEDICAID WAIVER PROGRAMS

CLASS – Medically Dependent Children's Program
877-438-5658

DBMD–Deaf/Blind Multiple Disabilities Program
877-438-5658

HCS – Home & Community–Based Services
Program
210-832-5020

MDCP – Medically Dependent Children's Program
877-438-5658

LifeSpan Home Health
877-434-3153
6243 IH-10 W Suite 375
www.lifespantx.com

Texas Home Living Waiver
210-832-5020

NATIONAL ORGANIZATIONS

American Red Cross
210-224-5151

Cerebral Palsy Foundation
ucp.org
210-520-1686

♦ Epilepsy Foundation
24/7 Helpline 1-800-332-1000
(en español 1-866-748-8008)
www.epilepsy.com

Muscular Dystrophy Association (MDA)
800-572-1717

National Alliance for Mental Illness (NAMI), SA
210-734-3349

National Down Syndrome Society
800-221-4602
www.ndss.org



For our complete list of resources go online to www.ExceptionalKidsTexas.com ♦ Donate ♦

NATIONAL ORGANIZATIONS

Scleroderma Foundation
www.Sclerodema.org

Spina Bifida Association
Texas Chapter
972-238-8755

Williams Syndrome
800-806-1871
www.Williams-syndrome.org

OCCUPATIONAL THERAPY

♦ Autism Treatment Center
210-590-2107
15911 Nacogdoches Rd, Building 2
www.atcoftexas.org

Cole Pediatric Therapy
210-488-6521
19222 Stonehue #101
info@colehealth.com
www.colehealth.com

Cole Pediatric Therapy
210-488-6521
6051 FM3009, Schertz
brand.gray@colehealth.com
www.colehealth.com

New Creation Therapy
210-793-0877
3026 Hillcrest
www.newcreationtherapysa.com

San Rafael Healthcare Inc Pg 17
210-255-1466
400 N Loop 1604 #3350
www.sanrafaelhealthcare.com

Texas Kids Home Therapy & Nursing
210-360-1662
Serving San Antonio & the surrounding area
www.texaskidshometherapy.com

PEDIATRIC HOME HEALTH & PRIVATE DUTY NURSING

Entrusted Pediatric Home Care Pg 32
512-591-0796
111 W Anderson Lane, Suite E322, Austin
www.entrustedphc.com

Entrusted Pediatric Home Care Pg 32
210-745-9760
4502 Centerview Dr, Suite 233, San Antonio
www.entrustedphc.com

PEDIATRIC HOME HEALTH & PRIVATE DUTY NURSING (con't)

Entrusted Pediatric Home Care Pg 32
254-207-0887

2027 S 61st Street, Suite 121, Temple
www.entrustedphc.com

San Rafael Healthcare Inc Pg 17
210-255-1466
400 N Loop 1604E #350
www.sanrafaelhealthcare.com

Texas Kids Home Therapy & Nursing
210-360-1662
Serving San Antonio & the surrounding area
www.texaskidshometherapy.com

PHYSICAL THERAPY

Cole Pediatric Therapy
210-488-6521
19222 Stonehue #101
info@colehealth.com
www.colehealth.com

Cole Pediatric Therapy
210-488-6521
6051 FM3009, Schertz
brand.gray@colehealth.com
www.colehealth.com

San Rafael Healthcare Inc Pg 17
210-255-1466
400 N Loop 1604E #350
www.sanrafaelhealthcare.com

Texas Kids Home Therapy & Nursing
210-360-1662
Serving San Antonio & the surrounding area
www.texaskidshometherapy.com



RESOURCE DIRECTORY

For our complete list of resources go online to www.ExceptionalKidsTexas.com ♦ Donate ♦

RECREATION/LEISURE ACTIVITIES

San Antonio Parks and Recreation Department
210-207-3018

SPEECH THERAPY

♦ Autism Treatment Center
210-590-2107
15911 Nacogdoches Rd, Building 2
www.atcoftexas.org

Cole Pediatric Therapy
210-488-6521
19222 Stonehue #101
info@colehealth.com
www.colehealth.com

Cole Pediatric Therapy
210-488-6521
6051 FM3009, Schertz
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www.colehealth.com

San Rafael Healthcare Inc
210-255-1466
400 N Loop 1604E #350
www.sanrafaelhealthcare.com

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Texas Kids Home Therapy & Nursing
210-360-1662
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www.texaskidshometherapy.com

STATE ORGANIZATIONS

Customer Service Line (Ombudsman)
877-787-8999
www.hhsc.state.tx.us

Department of Assistive & Rehabilitative Services
NOW Texas Work Force
www.twc.state.tx.us

North Field Office
210-561-8600
12000 Network Blvd #210

West Field Office
210-522-8010
5309 Wurzbach, Suite 102

Northeast Field Office

210-590-5740
10303 Nacogdoches

South Field Office
210-927-8300
1011 Ada St

Division for Blind Services
210-785-2750
4241 Woodcock Dr A105

Social Security Administration
800-772-1213

Texas Department of Family and Protective
Services (TDFPS)
800-252-5400 (24 hour hotline)

For more resources go to:
www.ExceptionalKidsTexas.com



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◆ PLEASE DONATE ◆

Thank you picking up a copy of Exceptional Kids. There are so many great organizations that provide resources for children and young adults with special needs.

Many of these organizations who provide services for our community are non-profit organizations 501 (C) 3 tax exempt status. Contributions to their organizations are tax deductible to the extent permitted by law. These organizations rely on donors like you to help



support and expand their programs. I have spoken to many of the non-profits who have families and children on waiting list to receive services through their programs and need our support.

Our **Resource Directory** has many non-profits listed with their organizations name, phone number and website. Please go online to their website and "DONATE". You will

be helping a child or young adult with a physical, intellectual or mental disability receive the services they need, so they can grow and develop into young men and women working and living independently in our local community.

Just look for the symbol ◆ next to the non-profit organization on the Resource Directory pages 10-14. Your donations will also help promote awareness and inclusion in our community.

Thank you for your support!
Kameron Chicoine, Publisher



Announcing

Exceptional Kids has a new website, new articles, new resources and a digital resource guide you can view on your laptop or mobile phone.



If you do not find the resource you are looking for, please go to the contact us page and email us.

We will help you get connected to the resources you need.

Follow us on Facebook for news and upcoming events...

@ExceptionalKidsTexas



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Accessibility **fest**

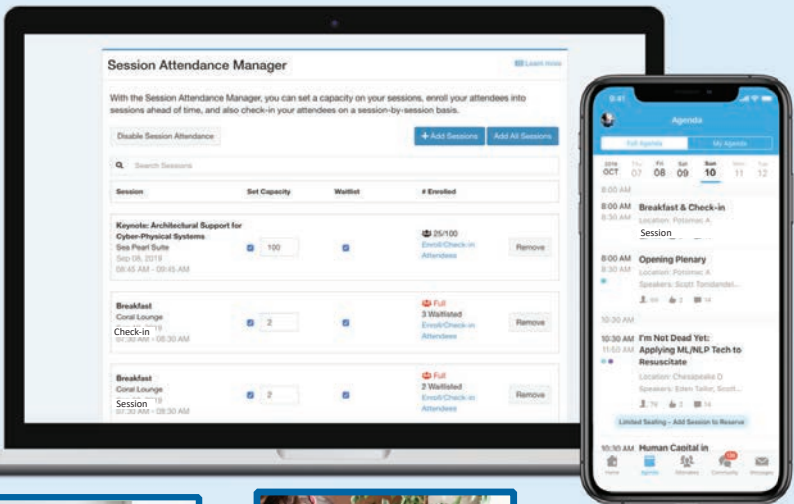
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Austin
512-591-0796

Temple
254-207-0887

"You guys make an amazing team and are changing families' lives for the good! We could not be more thankful for all the effort you put in to making the transition to Entrusted go so smoothly. Not only that, but y'all hit the ball WAY out of the park finding us excellent nursing staff. Thank you for all of the many hours in the office and on call that it takes to make our lives better. We couldn't be happier to call Entrusted our family."

-The Kenna Crew

www.entrustedphc.com