

ABA THERAPY CAN HELP

Research shows that high-quality, intensive Applied Behavior Analysis (ABA) programs provide the best outcomes for children diagnosed with autism and other neurological and developmental disabilities. ABA therapy focuses on:

1

Assessing
Behavior

2

Determining
the reason for
a behavior

3

Establishing
scientifically-
backed solutions

4

Implementing
those solutions
effectively

Where Therapy Can Take Place

Center-based

Grow more independent in a safe, caring, and comfortable environment. Play with peers, practice and learn social skills, communication, daily living skills, and school-readiness.

At-home

Children learn to appropriately engage and play with siblings.

Independence is gained by accomplishing potty training, daily hygiene skills and tasks, and completing household chores.

Community

Children learn to safely access the community including grocery stores, doctor's offices, hair cuts, and restaurants.

Contact Us Today

We train our Board Certified Behavior Analysts (BCBAs) and Registered Behavior Technicians (RBTs) to build rapport that fits your child's needs, learning styles, and preferences. If you or someone you know could benefit from our services, call us today.



Cultivate
BEHAVIORAL HEALTH & EDUCATION

210-812-5708
cultivatebhe.com

Benefits of ABA

ABA therapy is an evidence-based approach for creating significant positive behavior change. It focuses on the idea that our consequences affect how we learn as well as our future actions.

Language development
Functional play and social skills
Daily living skills
Parent training
School training and readiness
Potty training
Behavior management



LA TERAPIA ABA PUEDE AYUDAR

Estudios de investigación demuestran que servicios intensivos y de alta calidad de Análisis Aplicado del Comportamiento (ABA por sus siglas en inglés) proveen el mejor resultado para niños diagnosticados con autismo u otras discapacidades neurológicas y del desarrollo. La terapia ABA se concentra en:

1

Evaluación del comportamiento

2

Determinar la razón detrás del comportamiento

3

Establecer soluciones avaladas por la ciencia

4

Implementar esas soluciones de manera efectiva

Donde Puede Llevarse A cabo la Terapia

Centro

Creer más independiente en un ambiente seguro y confortable. Jugar con compañeros, practicar y aprender habilidades sociales, comunicación, habilidades de diario vivir, y preparación para la escuela.

Hogar

Los niños aprenden a relacionarse y jugar apropiadamente con hermanos(as). La independencia se logra a través de entrenamiento para ir al baño, higiene diaria, así como realizar tareas del hogar.

Comunidad

Los niños aprender a acceder la comunidad de forma segura, incluyendo tiendas de abastecimiento, clínicas médicas, corte de pelo y restaurantes.

Contáctanos Hoy

Entrenamos a nuestros Analistas Certificados del Comportamiento (BCBA por sus siglas en inglés) y a nuestros terapeutas a construir una buena relación que tome en cuenta las necesidades de cada niño, estilos de enseñanza y preferencias. Si usted o alguien que conoce se puede beneficiar de nuestros servicios, contáctenos hoy.

Beneficios de ABA

La terapia ABA se basa en evidencia científica para crear un cambio de comportamiento significativamente positivo. Se enfoca en la idea que las consecuencias que recibimos afectan como aprendemos, así como nuestras acciones futuras.

- Desarrollo del lenguaje
- Habilidades sociales y de juego funcionales
- Habilidades de diario vivir
- Apoyo y entrenamiento a las familias
- Preparación escolar
- Entrenamiento para ir al baño
- Manejo de comportamiento



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Helping you navigate the autism treatment journey

When searching for the right ABA provider, you will have many questions, thoughts, and concerns. Insurance processes shouldn't be one of them. We are here to guide you through the insurance maze every step of the way.

We work with most major insurance companies. If you do not see your company listed below or you have questions about insurance and ABA coverage, just reach out and we will be happy to help!

Accepted Insurance

Aetna
Ascension Smart Health
Beacon
Blue Cross Shield of Texas
Cigna
Golden Rule
Magellan
United Healthcare
Tricare

Questions?

Our team is here to walk beside you every step of the way.

ABA Services



BEHAVIOR & SKILLS ASSESSMENTS

Skilled BCBA's identify why behavior occurs through our comprehensive and individualized assessment process. In collaboration with those that interact most with the child, we develop our Treatment Plan, which also includes all the skill acquisition goals that we want your child to learn. Essentially, our aim is to decrease challenging behavior and increase socially-appropriate desirable behavior. This is all done during our assessments at Cultivate.



1-ON-1 SERVICES

Highly engaged Behavior Technicians (BTs) work individually with your child to address the goals identified in our collaborative and individualized Treatment Plans. This can include working to decrease meltdowns, increase independence, or even things like sleeping in their own bed. We will help with what's meaningful and significant to you and your child.



BCBA CASE SUPERVISION

Qualified BCBA's provide support to you, and supervision to your child and the 1-on-1 Behavior Technicians (BTs) in order to ensure that we continue to provide the highest quality of intervention and that all needs continue to be met throughout the provided intervention.



FAMILY CONSULTANTS

Our BCBA's will come alongside you during everyday activities, showing you what to do and when to do it—we'll equip you to best support your entire family.



SOCIAL GROUPS

At times, skills need to be targeted with peers rather than just with a BT. Social groups provide the perfect opportunity to develop social skills through interactions with multiple peers.

Changing Lives Through Personalized Care



Cultivate

BEHAVIORAL HEALTH & EDUCATION

Meet the team that's as committed to your child as you are.



@cultivatebhe

210-812-5708



Our Mission

At **Cultivate**, we utilize the most effective, evidence-based strategies, and teaching methodologies to focus on what will bring the most meaningful change to that child's life. Above all, it is our belief that Applied Behavior Analysis (ABA) should be **engaging, dynamic, and highly reinforcing**. Your family will be paired with a BCBA and BT(s) that fits your child's needs, learning styles, and preferences.

We want our team to come alongside your family and demonstrate the level of compassion and programming precision that is involved in high-quality ABA services and we could not be more thrilled to facilitate the learning process.

835 Proton Road
San Antonio, TX 78258

210-812-5708
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ABA Therapy Can Help

Individualized treatment

We meet the unique needs that our clients have. Each client has a different Treatment Plan based on THEIR needs, not robotic programming protocols that require all clients to do what everyone else does!

Work on what matters

We work on the skills that matter most in your child's life. We focus on treatment goals that will create socially significant change for your family and equip your child for success as they grow. We give children the tools to live the most independent life possible.

Skills We Teach

- Language development
- Functional play
- Social skills
- Daily living skills
- Family support and trainings
- School readiness
- Potty training
- Behavior management
- Coping strategies



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IN-HOME

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CENTER-BASED

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Clinic Locations

Austin | San Antonio | Cedar Park
Bee Cave | Round Rock | Four Points | Southlake